

'Health Coach' Coach Development Programme

Guidelines for the nomination of Coaches and Coach Developers

Thank you for showing your interest in nominating individuals to take part in the pilot 'Health Coach' Coach Development Programme. We are looking for partner organisations who are interested in nominating coaches for the programme and individuals to undertake the Coach Developer Training.

Coach Nominations:

- Each partner organisation can nominate a maximum of three coaches.
- The partner organisation must have gained permission from the coaches prior to nominating them.
- The coaches give permission for UK Coaching and the Coach Developer to contact them as part of the programme.
- The criteria for nominating coaches is:
 - Actively delivering within the health environment OR working with participants with Long Term Health Conditions, OR planning to deliver to participants with Long Term Health Conditions, OR assisting another coach to deliver within this environment.
- The coach must commit to the workshops and communities of practice.
- The coach must agree to work with the support of a Coach Developer and engage in those reflection sessions.
- The coach must have the opportunity to apply the learning in practice as part of the programme.
- The coach must agree to support the monitoring and evaluation of the training programme.

Coach Developer Nominations:

- The Coach Developer gives permission for UK Coaching and any coaches associated with the programme to contact them.
- The Coach Developer must have previous experience of supporting coaches / developing people.
- The Coach Developer must be able to commit to providing a minimum of eight hours support (a blend of in-situ and virtual) to a coach on the programme.
- The Coach Developer must agree to support the monitoring and evaluation of the programme.
- The Coach Developer must commit to the training sessions and Communities of Practice.
- The Coach Developer must have experience of the health landscape or working with participants with Long Term Health Conditions.

If you have any questions about nominating coaches or Coach Developers for the programme, please contact your UK Coaching contact:

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